

Spirituality at St Peter's

Finding God in all places...

The children take part in a number of activities linked to Spirituality throughout the year. We hold an annual 'Spirituality Week' where the Worship Leaders paired with children in other year groups to make prayer flowers and offered prayers to our partners. Prayer stations were organised by the Worship Leaders in which the children offered prayers through blowing bubbles, choosing a stone, creating a prayer chain for different countries and writing prayers for different people. Each day the children have spent time reflecting on their day by discussing what they thought it meant by being a spiritual person and how it can equip us to deal with life, through good and bad times. Everyone reflected on this and had time to think about their own spirituality with stillness, reflection and celebration. We asked ourselves: What is spirituality? Do we have a spirit? If so, what does it look like? How does our spirituality show itself in our lives? The children acted with great reverence and enjoyed focusing their thoughts and prayers.

We always have a fantastic time with lots of activities that gave us time to reflect on our own spirituality.

